

VOL. 88 NO. 10 OCTOBER 2023

Last 2023 drive-thru **BBQ** for KCFB **Foundation**

Our last drive-thru BBQ event for this year, to benefit the college scholarships programs of the KCFB Foundation, is Thursday, October 12 on the parking lot at the Farm Bureau on Randall Rd. in St. Charles.

From 3 pm to 7 pm, drivethru diners can choose from 3 meals at \$18 each (if paid in advance), a 2 pork chop meal; or 2 chicken quarters; or a 1 pork chop, 1 chicken quarter combo. All meals come with baked beans, coleslaw, apple sauce, a roll and butter.

The Farm Bureau parking lot is set up for fast and convenient drive-thru service - order for the entire family! Meals will also be available on a limited basis for drive-ups without a reservation at a slightly higher, \$19 price.

All sales benefit the KCFB Foundation and meal reservation, and pre-payment is encouraged. To reserve your meals and pre-pay, return the form on page 3 or call KCFB at 630-584-8660.

October Featured Food Sansage and more sansage!

"Porktober" is back ... October is National Pork Month! To celebrate, KCFB is offering your choice of pork sausage patties or links. Breakfast sausages are unlike all other sausages, largely thanks to the spice mix. The KCFB member price for a 5 lb. box of pork sausage patties from Inboden's (40 to a box/patties or 96 per box/links) is \$28. Plus Status members always receive a 5% discount on edible products at the Farm Bureau. Offered while supply lasts. Available at the Kane County Farm Bureau, Randall Rd. at Oak Street in St. Charles.

KCFB CALENDAR OCTOBER₂₀₂₃

- 1-31 Mums and pumpkins sale at KCFB (while supplies last)
- 12 Fay's BBQ drive thru, 3-7pm – Scholarship fundraiser Board of Directors, 7pm
- **31** Halloween

(All at KCFB, 2N710 Randall Rd., St. Charles unless otherwise noted)

Kane Co. Farm Bureau celebrates a busy summer

1. Brett Dienst, Chair of the Young Farmers Committee addresses 15 members of the Committee at a "farm shop" meeting on August 14 in the Dienst Farm shop near Maple Park. Committee activities for late summer included participation in the National Night Out in Campton Hills, and putting together a "Route 64 Pub Crawl" package for a live auction at the September 17 KCFB Foundation Gala.

2A-D. Members of the Chicago Wilderness Alliance gathered at Kane County Farm Bureau on August 15 to learn more about the Farm Bureau and its mission and to tour the ILLINOIS Prairie Pollinator Rain Garden before embarking on a tour of Kane County farms. See story on page 3. As a result of the tour, Agroecology + Innovation Matters, a part of the IDOA/NRCS Conservation Capacity Building Initiative, recorded a video with Kane CFB Manager Steve Arnold discussing the County of Kane's focus on agriculture, farmland protection and stormwater management with the needs of farmers

3. Illinois Farm Bureau videographers record a message from Suzi Myers of St Charles for a video for the KCFB Foundation Gala. Myers and 17 other volunteers recorded messages of goodwill and appreciation for the Foundation on Aug. 17.

4. The KCFB Foundation's 1965 IH step-side pickup truck was moved

to Goebbert's Pumpkin Patch on September 9 in preparation for the KCFB Foundation's Sept. 17 Gala.

5. County Farm Bureau leaders gathered in the observation room at Lenkaitis Holsteins in St Charles on August 17 for a "Retreat" to discuss policies, procedures and bylaws of the Farm Bureau and its not-for-profit

Foundation. Directors were treated to a luncheon trom Buona Beet before afternoon discussions of how to better serve members, and steward the resources of the respective organizations and the trust of their members.

(continued on page 3)

It's harvest time and budding

farmers will want to keep up

with their own Ertl/John Deere

bine with corn

head, Freightliner

tractor and lowboy

trailer. It's the per-

fect equipment for

bringing in the corn harvest. Recom-

mended for ages 3 &

up. Regular price for

this toy set is \$40.60,

but during the month

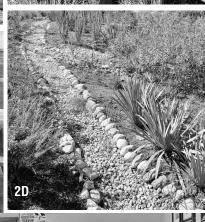














& pumpkins & gourds...oh my

Back by popular demand color! Decorate your home or

beautiful mums and other décor ready to add a splash of autumn business with fall harvest décor from the Kane County Farm Bureau FOUNDATION.

This yearly fundraiser, with all proceeds benefitting Ag Literacy and scholarship programs, is sure to be your onestop-shop for fall décor. It is displayed on our lawn and on the parking lot area directly in front of Costco. Prices are marked and there is a cash lock box for after-hours purchases.

Follow us on Facebook for updates or call (630) 584-8660 with any questions.



of October, visit our Farm Bureau Country Store and save 10% on this timely farm toy. See you soon!





As autumn harvesting begins across Northern Illinois the Kane County Farm Bureau reminds motorists to exercise CAUTION, SLOW DOWN and SHARE THE ROAD with large, slow moving farm equipment traveling between farm-steads and farm fields. A limited number of FREE 3' x 10' banners are available at the Farm Bureau office in St. Charles to do just that. They would be great safety reminders to place in farm field corners, at fire stations, banks, township offices and grain elevators in Central and Western Kane County. Banners are available at the Kane County Farm Bureau on a first come, first served basis.

2023 National Agricultural Marketing Summit

If you are looking to expand your farm business and marketing efforts, then you'll want to join Illinois Farm Bureau at the 2023 Agricultural Marketing Summit on November 12th to the 14th in Washington, DC. Illinois Farm Bureau is a proud sponsor and partner coordinator of this conference.

What: IFB is taking a small group of interested farmers to the conference. Registration, lodging, and travel are included and completed by IFB staff. Some meals are included with the conference while others will be at your expense. We do require IFB membership to join.

When: November 12-14, 2023

Where: Crystal City Marriott at Reagan National Airport

Cost: Free event

The AgSummit provides a unique networking opportunity for agricultural marketing practitioners to form new partnerships and learn new business strategies that can improve the performance of their farms and businesses.

The Summit will feature resources to assist market managers, direct marketing farmers and food businesses, agribusinesses with value-added products, practitioners, and technical assistance providers in understanding and enhancing marketing strategies. Learn more about the Summit at https://localfoodeconomics.com/agsummit/.

Deadline to Apply: October 18 at 5pm CST

REGISTER HERE: https:// form.jotform.com/2317234401 43142

If you have any questions, please contact Megan Dieken, *mdieken@ilfb.org* or *Angela Lopez*, *alopez@ilfb.org*.

The **Chuck Swanson Memorial Scholarship** was established by the family and friends of the former Farm Bureau Director and long-time volunteer in 2008 to provide awards for students residing in Kane County pursuing a degree in an agriculture-related career field.

Look for updated scholarship info on our Facebook page and in the November 2023 Kane County Farmer.



You receive the Kane County Farmer because you are a Farm Bureau member. If you are a farm operator or owner, you benefit from a local, state and national organization

committed to agriculture and your way of life.

If you do not have direct ties to farming, your membership helps promote local farms and farming, encourages wise use of our limited natural resources and preserves farmland and our agricultural heritage while allowing you to enjoy COUNTRY insurance and the many benefits of one of Illinois' premier membership organizations.

We appreciate your membership and continued support and we welcome your comments on the content of the *Farmer*. We encourage you to make recommendations about farm, home, food, natural resources, renewable energy or agricultural heritage and history-related topics for inclusion in future issues of the *Farmer*.

KANE COUNTY FARM BUREAU BOARD ATTENDANCE JANUARY 2023 THRU DECEMBER 2023 JAN FEB MAR APR MAY JUN JLY AUG SEP OCT NOV DEC

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*Attendance by electronic means. ^Elected June 2023.												

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A Thanksgiving tradition comes to an end

Kane County Farm Bureau is sorry to say we will not be offer-

ing HoKa fresh turkeys this year. HoKa has ceased operations and is no longer selling turkeys. Please call KCFB at (630) 584-8660 if you have questions.



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Conservation, climate & future focus of Kane Co. Ag bus tour

By Kane County Connects staff Several dozen people took a

sold-out trip to visit a variety of farms around Kane County rooted in sustainability, community wellness and climate friendly practices with a focus on farmland protection.

The Kane County Farms Tour August 15 kicked off at the Kane County Farm Bureau in St. Charles, with a presentation on the design and installation of the Illinois Prairie Pollinator Rain Garden located at the Bureau.

Attendees, including conservation and farm professionals from Kane County, Will County and DuPage County, were bused to a variety of

farms where Q&A with farmers took place on subjects including starting your own farm, drought and other weather conditions have affected farm operations and how cooperatives serve larger family farms.

Climate Specialist Duane Friend from the University of Illinois Extension staff was the featured lunch

speaker and spoke about climate trends - a major topic concerning farmers.

"Our lens for this day is climate as our department is working on climate smart farms and what is needed to support

this effort," said Janice Hill, Executive Planner with the Kane County Development Community Services Department.

The following Kane County

Kane County Fast Farm Facts:

· Kane County has more than 6,000 acres of

permanently protected farms held in Agriculture Conservation Easements and

more than 1,000 acres in application review.

Based on surveys and mini-grant respons-

es, the top three food growers in Kane

County are located in Maple Park (25%),

Blackberry Township (15%) and Hampshire

Kane County farm operations by activity

include: 59% conventional planting; 37%

livestock; 30% hoop house; 26% green-

house; 22% apiary; 15% Other; 7% urban

farms and organizations partici-

pated in the Kane County Farms

Bureau, St. Charles – a not-for-

profit membership association

serving members, local agricul-

County

Farm

farm and 4% hydroponic/aquaponic.

Kane

Tour:



tural producers and Kane County communities since 1912.

· Weathered Ways Farm, Geneva – is a USDA Certified Organic Agricultural Incubator

> hosting farmers markets and small social gatherings. • C H S

Elburn,

Maple Park – is one of many company-

owned, locally-governed service centers that are part of CHS

Inc., the nation's leading farmerowned cooperative.

- Birdflower Farm, Virgil is a family farm featuring cut flower fields, renovated 1890s farmhouse, an orchard, berry field, a 1/2 acre of prairie and
- Heritage Prairie Farm, Elburn – is a four-seasons farm providing organic produce and microgreens to restaurants and the community since 2006 and also has facilities for events.
- Rising Lights Project, Elburn - is a registered 501(3)(c) dedicated to creating environments for individuals impacted by disability to learn,

laugh, thrive, and engage with the Fox Valley Community.

• Garfield Farm Museum, LaFox - is a 366-acre 19th century farmstead that includes farm fields permanently protected through an Agricultural Conservation Easement.

The Kane County Farms Tour, was organized in partnership with the Chicago Agriculture Wilderness Committee in conjunction with the Kane County Forest Preserve District and the Kane-DuPage Soil and Water Conservation District.

Come on, travel with fellow FB members

See three "Belles of the South": Charleston, SC, Jekyll Island and Savannah, GA. Tour Dates: March 15-21, 2024.

The beautiful Spanish Mossdraped oaks, antebellum mansions, lush gardens, and ornate architecture will make you feel like you've stepped back in time! Enjoy southern hospitality while visiting coastal islands, historic plantations, and beauti-

ful cities! Our second travel opportunity will take you abroad. The Danube Explorer tour will visit five countries: The Czech Republic, Germany, Austria, Slovakia and Hungary and enjoy a seven night cruise in a suite or stateroom of your choice onboard an Emerald Waterways Star-ship.

Tour Dates: August 24-September 3, 2024.

Please call for more information - 630-584-8660.



Northern Illinois Farm Bureaus have TWO great travel opportunities

Busy summer

continued from page 1

6. COUNTRY Financial Representatives were fêted at a September 7 event at Accelerate in Mokena. Julissa Sprecha prepares to throw an axe before completing laps in a go-kart at the event held to express appreciation for membership

7. Gala logistics team members gathered at KCFB on September 11

to wrap prizes, discuss desserts and plan for set-up for the September 17 event at The Venue at Goebbert's Pumpkin Patch in Pingree Grove.

recruitment.

8. KCFB Foundation Sec./Treas. Chris Collins (I) and Farm Bureau and Foundation President Joe White assemble a

tool box for the auction.

9. Gala Host Committee members Carolyn Brummel (at podium) Suzi Myers, Bonnie White and Beth Gehrke on stage at the September 17 event.

10. Gala volunteers who participated in set-up for the September 17 event gather in the garden for a photo.

11 A & B. Vintage Raffle Truck winner David Schuhow of Batavia claims his prize at the Kane County Farm Bureau on September 18.















The Illinois Prairie Pollinator Rain Garden

(11%).

THIS MONTH

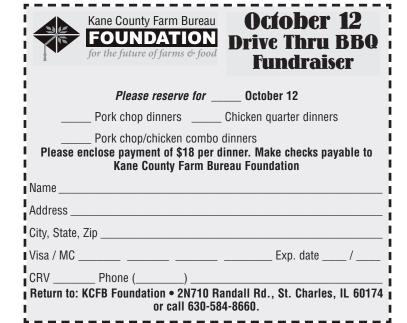
New England asters (Symphyotrichum novae-angliae) and showy goldenrod (Solidago

speciosa) are the stalwarts of the autumn garden, splashing purple and gold across the Illinois-shaped garden and providing fuel for late season pollinators. summer blooms have gone to seed, providing fodder for migratbirds.

September rains have helped the plants settle in for their second

Below: Bumblebee on New England Aster.





KCFB Foundation/ Fay's BBQ Drive-Thru Fundraiser **Oct 12**

At Kane County Farm Bureau, Randall Rd. at Oak St., St. Charles

AG LITERACY CORNER

By Kelcee Miller, Development & Ag Literacy Program Coordinator



Hello Kane County!

Do you have a favorite month or season? I know everyone is different and all seasons have their pros and cons, but fall is one of my favorite seasons! The crisp cool air and temperatures, the colorful leaves that dance in the wind and rolling golden landscapes of fields ready for harvest, and let's face it - all of the fall festivities, warm coffee (#PSL), sweet treats, football and decorations too! I may be a little biased because it's my birthday month and I'm from Sycamore, so Pumpkin Fest is basically a National Holiday in our town so you could say the love for all things fall is in my blood!

You may have noticed from my previous columns over the years, I like to look for metaphors or positive life lessons in almost every given situation even if it's not as positive or happy in the current moment. As the saying goes, you learn

something new every day. Some days or seasons in our lives, lessons are easier to learn than others. I was recently scrolling my social media feed and came across a friend's post that read. "The trees are about to show us how lovely it is to let things go." Since reading that post, I cannot stop thinking about how much truth there is to such a simple

How often do we hang onto things that truly do not deserve another moment of our attention? Stop and think about that for a moment. How often do we hang onto things that drain our energy instead of adding to it? How often do we allow things weigh us down that have no reason to be carried in the first place? I know we are all guilty of hanging onto things outside of our control and allowing that "thing" to live rent free in our minds, and by doing so we miss out on other opportunities and moments here in the present. There is a reason why the here and now is known as the present because time is a precious gift. Time is a limited currency we cannot get back, so we cannot allow ourselves to hold onto those things that weigh us down, stress us out, and do not serve us purposefully in the present moment.

Master the art of controlling the things we can control and let the rest go. Much like the trees, when we learn to let things go the result is beautiful and allows the space for something fruitful to grow. Will it be easy at first? No. Will it be challenging? Yes, but it will worth it. And, you will have discovered something new and beautiful about yourself in the process.

Les Brown once said, "Every day, we can either choose be a victim or we can choose to live life victoriously." And I think a similar lesson applies here too. In life we have choices every single day and how we act will determine the outcomes of our lives. It is up to us to decide the kind of life we want to live. Learn to let things go that are no longer serving you and live your life to your fullest potential.

I hope you enjoy the beautiful fall season and remember to let things go!

Happy Votober!

DID YOU KNOW? Kane is one of the leading counties in Illinois for honey production. According to 2017 statistics, over 30,000 pounds of honey are collected from Illinois bees. Unfiltered, unheated, raw honey produced within your area, (50-mile radius or less) contains Quercetin, and has been found in studies to reduce inflammation and pollen allergy symptoms. Raw honey also contains bee pollen and bee propolis, which boosts the immune system, and builds immunity to allergens.

Helping you protect what matters most



Jeffrey Orman Agency Manager St Charles 630-584-0001



Bob Effner St. Charles 630-588-2002



Landorf St. Charles 630-762-1328



Jeff Jones St. Charles 630-492-5293



St. Charles 630-492-5324



St. Charles 630-762-1326

Michael

O'Brien

Geneva

630-762-0852



Chris Regula St. Charles 630-485-5155



Tonovitz St. Charles 630-549-7694



Difruscolo St. Charles 630-549-7696



Orazio



Ashraf Gerges Aurora 630-898-3750



Bob Riedel West Dundee 847-428-5434



Edward

Stuehm

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630-845-8245

Gary Bolger West Dundee 847-531-6110



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David Berreles Hampshire 847-683-2100



Dan Cooper Sugar Grove 630-466-9600



Ted Schuster Sugar Grove 630-466-9600





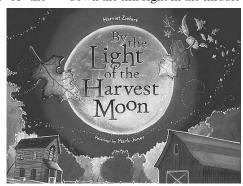
Book of the month

Have you ever wondered what kind of magic happens under a harvest moon when you go to bed at night?

The October book of the month, By the Light of the Harvest Moon, written by Harriet Ziefert and illustrated by Mark Jones, show readers the beautiful surprises on every page. After a long day of work, the farmer on Apple Hill Farm heads toward the house to call it a night. As he

gets ready to go to sleep, the excitement on the farm is about to unfold under the light of the harvest moon.

When the wind picks up, the leaves begin to dance in a colorful swirl and twirl of warm orange, yellow, and crimson until the gusts subside in the pumpkin patch and the leaf people emerge from the pile. The grown-ups begin to prepare for their harvest surprise while their children and their pets play on a nearby hillside, bobbing for apples, juggling acorns, and their favorite game of all, stacking pumpkins! It's all fun and games until the pumpkins roll down the hill right in the middle



By the Light of the Harvest Moon by Harriet Ziefert

of a sweet surprise!

To see the colorful and sweet harvest surprise for yourself, come in and visit our FREE Kane County Farm Bureau Library and check out By the *Light of the Harvest Moon.*

The Kane County Farm Bureau Library was made possible by Bob Konen and Dean Dunn, and later supported by the Bob Konen Family.

IL Ag in the Classroom grant opportunities

Illinois Ag in the Classroom is excited to be offering two classroom grant opportunities for Illinois teachers for NEXT! Educators can apply for \$250 in ag-accurate books curated by our staff or \$300 for a new agthemed project for your classroom. Applications due Friday, October 20, 2023. Apply for the Book Grant: http://iaitc.co/ bookgrants

Apply for the Project Grant: http://iaitc.co/projectgrants.

IAITC Book and Project Grants due 10.20.23.

GRICULTURE **BOOK AND**

Application deadline: Friday, October 20, 2023

Teachers selected for funding will be notified on or before **November 10**, 2023

.esson-In-A-Bucket

Are you an elementary teacher in Kane County? Are you looking for fun and innovative ways to bridge the gap between agriculture and your classroom? Look no further than Lesson-In-A-Bucket! NEW this year, KCFB will be lending monthly themed ag-lessons in a 5-gallon chore bucket - yes just like the ones you would find on the farm - complete with themed books, activities, and Ag-Mags about given topics such as dairy, pollinators, apples!

This month's theme is pumpkins! Inside the chore bucket, K-5 teachers will find a classroom set of Pumpkins Ag-Mags that pairs perfectly with the Pumpkin Ag-Venture that helps students apply their science and mathematics along with some pumpkin fun! In addition, teachers will find pumpkin themed activities such as Exploding Pumpkin, which ties science and agriculture together as it is designed to help students learn about exothermic reactions all while learning about pumpkins! Looking for ways to tie STEM into your classroom? Have your students learn about simple machines and test their creativity with Pumpkin Catapult!

Each of the 5 lesson plans lay out the learning blueprint including target grade, subject, length of lesson, objective, materials needed, standards, suggested readings (yes -- all that you will find in the bucket!) as well as instructions from beginning to end.

The learning doesn't stop there - double-sided posters complete with facts about Illinois grown apples on one side and pumpkins on the other will keep students learning all season long.

Call Kelcee at 630-584-8660 to reserve yours today!





Farm Facts @ Fun

October is Nationa

pork: it's what's on the inside that counts

Wondering why pork is so great to include in your diet? Pork is full of protein, vitamins, and minerals, making it a standout addition to your dinner table. In fact, pork is low in sodium and provides a good source of potassium, earning it an American Heart Association Heart Checkmark!

In addition to earning a Heart Checkmark, pork is full of necessary vitamins and minerals required in our daily diets. Some of these include (in percentage of daily diet requirements):

5% Iron

- 6% Magnesium
- 8% Vitamin B12
- 11% Potassium
- 14% Zinc
- 19% Riboflavin
- 20% Phosphorous
- 37% Niacin
- 37% Vitamin B6
- 54% Thiamin

All this plus 24 grams of protein is found in just one threeounce serving of pork! For reference you would have to eat four

hard-boiled eggs, or six tablespoons of peanut butter to match that amount of protein. Eggs and protein also include a much higher calorie count than a three-ounce serving of pork.

If you're looking to keep heart healthy recipes in rotation, it is recommended to use leaner cuts of pork with less fat such as pork loin, pork sirloin, or pork tenderloin. Consider stocking up on these options when you purchase pork to fill your freezer! https://ilpork.com/real-pork/ profile/real-healthy.

Happy Halloween!



Address

Telephone (

City_





How do pigs write secret messages? With invisible oink!

What's a pig's favorite color? **MaHOGany**

What do you call a pig with no legs? A groundhog! What do you call a pig that's no fun to be around?

A boar! Jokes provided by: https://funkidsjokes.com/

jokes-about-pigs/

National Pork Month

AKOMRIDWDLADTN Bacon Burger **Economical** Ε Ham 0 S 0 W G F H E 0 Mealtime Ε G W Q Ε Ν X G G Memories Χ October С Pizza Α M 0 Α K R Pork H J W L S C M W E N R B E R Pork Gravy O Pork Loin С S Protein Pulled Pork Ribs U С В D 0 Salad С R 0 Ε K 0 Q Ζ Sandwiches D S Sausage S Ε Sirloin Н В R Χ F W Α Χ Smoker Χ S Т Η Stir Fry Η S Q S Swine NDZUBYD Ε Tacos

> State Zip Age

Return to: Kane County Farm Bureau, 2N710 Randall Road, St. Charles, IL 60174 by October 15, 2023 to be entered in our drawing for a fun prize. Prize must be picked up at the KCFB office within one month of newspaper publication.

Email

Compiled by Kelcee Miller, Ag Literacy Coordinator

Pulled pork pastry puffs

Need a quick Sunday football recipe that all fans will enjoy? Try these pulled pork pastry puffs and celebrate National Pork Month!

Ingredients

- 1 (17.3oz) package puff pastry, defrosted
- 3/4 pound pulled pork
- 3/4 cup BBQ sauce
- 11/4 cups shredded cheddar cheese
- 1 egg, beaten
- 1 Tbsp. water

Instructions

Pre-heat the oven to 400 degrees, line a baking sheet with parchment paper, and set aside

Unfold pastry sheets and cut each sheet into 9 squares

Toss pulled pork with BBQ sauce. Arrange pulled pork and cheese down center of the pastry squares.

Fold opposite corners of each square over the filling and press edges to seal then place on prepared baking sheet.

Combine egg and water then brush each pastry with egg wash Bake 15-18 minutes, until

golden brown. Serve warm or at room temperature and enjoy!

Find this easy pork snack and more here: https://www.plain chicken.com/pulled-pork-pastrypuffs-football-friday/



Rocking paper plate pig

Supplies

A paper plate Pink paint Pink paper scraps Glue Stick Tape Scissors Pen/Marker

Instructions

Paint your paper plate pink and let it (dry.

Cut out your pig face shapes you will need

some circles and ovals for the face and snout, some triangles for the ears and optional some light pink cheeks.

Stick your face shapes

together and add details in pen Fold your paper plate in half

and secure with a little tape & apply the head in the center for even weight distribution.

Cut out some feet and add a little black to the pig's trotters

> Optional: You may fold the side down (or cut the corners off) to shape the pig further.

Once complete, admire your cute rock-

ing paper pig!

This craft and other hog wild ideas may be found here: https://www.redtedart.com/rockingpaper-plate-pig-crafts-for-kids/

Congratulations

to Carol Jean Kujak of Elgin, last month's word search winner. Her name was chosen from the entries received for correctly completing last month's Word Search puzzle. For her participation, she receives a fun prize. Thank you, Carol Jean, for reading the Kane County Farmer, and continue to watch each month for more great opportunities from the Kane County Farm Bureau.

October is ...

28

International Coffee Day Homemade Cookies Day 4 National Cinnamon Roll Day Taco Day Kale Day 4 Pumpkin Seed Day 4 Noodle Day 6 World Cotton Day 7 Pulled Pork Day 12 World Egg Day 13 Dessert Day 14 Cheese Curd Day 15 Mushroom Day 15 Pasta Day 17 Chocolate Cupcake Day 18 Mashed Potato Day 18 Apple Day 21 Pumpkin Cheesecake Day 21 Pumpkin Day 26

Chocolate Day

Oatmeal Day Candy Corn Day Caramel Apple Day

National Month of:

29

30

31

Breast Cancer Awareness Month Eat Better, Eat Together Month Apple Month Caramel Month Chili Month Cookie Month **Dessert Month** Pasta Month Pickled Peppers Month Pizza Month Pork Month Pretzel Month

Specialty: National 4-H Week, October 1-7, 2023

> https://nationaltoday.com/ october-holidays/



Fine Swine Dining Pork delicious, economical mealtime tradition

Sometime around age 40, my guilty pleasure food changed to pulled pork nachos: tortilla chips softened with melted nacho cheese, topped with pulled pork and drizzled with barbecue sauce.

I ordered a boat of them at the only Illini football game we attended last fall. The daytime high reached 34 degrees with sustained winds around 15 mph against our faces in the upper deck. The nacho cheese congealed, napkins blew, and my gloveless hand turned a bit numb. But, I pulled down my fleece face mask and ate them anyway.

Memories are made at mealtime and what better month to celebrate pork on the menu than October, National Pork Month. Pork represented the world's most widely eaten meat in 2022, and Illinois ranks No. 4 in the United States in its production.

Our family cherishes the tradition of ham for the holidays. We slow life's pace when we put racks of pork ribs on the smoker on a weekend afternoon. Our son microwaves bacon for breakfast before school. Sunday night means sausage on either store-bought or homemade pizza. And well-

seasoned pork burgers reign at county fairs no ketchup or garnish neces-

Prepared to the correct temperature, pork proves moist

and delicious. The meat is nutritious in its leanest cuts, and pork adds considerable flavor at an economical price. I figure my family of four can eat a 6-ounce serving of lean pork loin every day for a week for less than \$30. Dress it up with pork gravy or change it up with stir fry and that's some fine swine dining for the week.

Pork is a powerful and productive protein. Pork loin, pork sirloin and pork tenderloin pack around 23 grams of protein in 3 ounces. Over the last 30 years, farmers have reduced pork's saturated fat content by 27%, and since my grandpa raised pigs, farmers require 76% less land and 25% water to produce a pound of the protein.

This week, I made 10 pounds of pulled pork from pork tenderloin, a new favorite on the back porch smoker. Mom watched a food show where chunks of loin are "pulled" in a stand mixer. The result: an easy, flavorful and lean meat for pulled pork sandwiches, pork tacos, protein on salad, or toppings on barbe-

Tonight, a pork-loaded nacho summons me.

About the author: Joanie Stiers farms grows crops and raises livestock on her family's multi-generational farm in West-Central Illinois.

Thanks to our donors

The KCFB FOUNDATION offers its sincere appreciation to the following for their contributions to our hunger relief, community service, education, and scholarship programs. Names shown are contributions received August 15-September 16, 2023.



-		
Donor	Beneficiary	
Craig Bradley	KCFB Foundation	
Paul Nepermann	KCFB Foundation	
Warren & Marian Nesler	KCFB Foundation	
Diane Christian	KCFB Foundation	
Zimmerman Family	KCFB Foundation	
Michelle Dumoulin	KCFB Foundation	
Kathy Konishi	KCFB Foundation	
Robin Urich	KCFB Foundation	
Gary & Jodi Brummel	KCFB Foundation	
Rodney Fabrizius	KCFB Foundation	
Ron & Nancy Straub	KCFB Foundation	

We sincerely appreciate your willingness to help support agricultural education, scholarships, leadership training, and community youth education. We could not do it without your support!

Thank you to all the generous donors and volunteers who support Kane County Farm Bureau!

Harvest decor on sale-don't miss out!

The KCFB FOUNDATION wants to help make Kane County the most festive county in Illinois again this year by providing Farm Bureau members with decorations to complement your homes. In October, while supplies last, the Kane County Farm Bureau office will be your one-stop har-

vest decoration shop. Choose from a variety of garden mums, Indian corn, gourds, pumpkins, straw bales and corn shocks all produced by LOCAL growers.

Don't wait, as products are only available while supplies last. Proceeds from all sales benefit the Kane County Farm Bureau Foundation's scholar-

Straw bales (full bale) Carving pumpkins (17-24#, approx. 12" dia.) price varies by size Ornamental/Heirloom pumpkins Pie pumpkins (softball sized) Assorted small gourds/mini pumpkins (3-6") Indian corn (tied in 3's) Mums (assorted colors), 9" pot Mums (assorted colors), 12" pot Corn shocks

ship and agricultural literacy

Hours: M-F; 9am-4pm and weekends 11am-3pm. A selfserve payment box will be set up for those times when the display is not staffed, so feel free to stop by anytime! For further inquiries or questions, contact our office at (630) 584-8660.

> \$8.00 each price varies by size price varies by size prices as marked \$6.00 each \$10.00 each \$28.00 each \$10.00 each

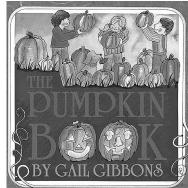
Little Lending Library– October spotlight

Every month our Little Lending Library has a special feature, book, or resource or all of the above! This is our way of helping connect with the community whether they are KCFB members or not. No matter who you are or where you are from, agriculture is everywhere and plays a crucial role in your daily life. It is our hope that through our (not so) Little Lending Library that we can help bridge the gap between consumer and farmers and help to make a positive impact in the name of agriculture.

The book spotlight for our young readers is The Pumpkin Book by Gail Gibbons and in

our Pumpkin-AgMags for children and their parents to enjoy at their leisure!

Supplies are limited and there are no guarantees so make like a tree and leaf the house today because it may be gone tomorrow!



GROWMARK 2023 essay contest

The theme for the 2023 GROWMARK Essay Contest is: "How can ag cooperatives stay relevant to future generations?" The contest is open to all high school FFA members in the United States.

This is the 30th year for the program, sponsored by the GROWMARK System and FS member cooperatives, in conjunction with state FFA leaders, to help young people develop their writing skills, learn about current issues affecting agriculture, and understand the unique role of cooperatives.

Essays should be submitted online at www.bit.ly/GMK Essay2023. The deadline for all submissions is midnight Central time on October 28, 2023. Additional program details have been sent to agriculture teachers and are online at www. growmark.com.

One national winner will receive a \$1000 award, and their FFA chapter will receive \$750. Four national runners-up will each receive \$500, and their chapters will receive \$300. States with at least 25 essays submitted will also have a state winner selected. Each school may submit one essay.

Seven steps for a safer farm Understand how to safely Farming is one of the most

important and dangerous jobs in the United States. Yet here you are - working sunup to sundown to help put food on our

And while you dedicate your life to others, COUNTRY Financial® is here to help protect you from the unexpected.

Here are seven tips to help keep you and your employees

Maintain your equipment. Most farm accidents and deaths involve outdated machinery. That's because older machinery might lack safety features, or it's not maintained correctly. Make sure you update equipment according to the manufacturer's advice to help prevent handle chemicals. Keep chemicals in their original containers. Train all farm employees how to best handle the chemicals and what to do in an emergency.

Be alert on the road. Most accidents occur when drivers try to pass a slow-moving farm vehicle. Watch out for other vehicles on the road. You can also use flashing lights to draw attention to the tractor's slow speed.

Have a plan for grain bin safety. Train workers on grain storage hazards. Follow safe bin entry practices like "Lock Out Tag Out" and use a lifeline system. Have an emergency action plan and train everyone on your farm to follow it.

Tell your family and employ-

ees where and when you're working. Be sure to also carry a cell phone or walkie-talkie in case of emergencies or accidents.

Get plenty of rest and take frequent breaks. Have healthy snacks and fluids on hand to keep your energy levels up. Do not push yourself past healthy limits. Accidents are more likely once fatigue sets in.

Know how your medications affect you. Some machinery and medications (both prescription and over the counter) do not mix. Consult your doctor to see if your medicine may harm your ability to safely operate your equipment.

During Harvest, and all year long, please make safety your number one priority.

Last month, retired

mAGic Workshop



school teacher and Ag-Literacy Coordinator, Suzi Myers facilitate helped mAGic (Multidisciplinary Agricultural Integrated Curriculum) lessons to small group of AITC Coordinators at the IAA Building in Bloomington. Pictured, is Myers explaining process of making

cottage cheese from scratch and discussing potential talking points and lesson extension ideas

Happy Halloween from Kane County Farm Bureau

Who farms in Illinois?

Although Illinois' food and fiber industry employs nearly 1 million people, there are only 75,087 farm operators, down from 164,000 in 1959. During the same time period, the average farm size more than doubled as sophisticated technology made many aspects of the industry less labor-intensive. Illinois farmers are generally more than 50 years old. Forty-nine percent hold jobs off the farm and consider farming their secondary occupation. Family farms still dominate, though some of these have incorporated.

Road safety hinges on patience, good judgement

Along with combines in the fields, tractors, grain carts and trucks are a familiar sight on rural Kane County roads during fall harvest. Sometimes the trucks may be loaded on the roadside. Equipment used in farm fields is generally equipped with tracks or flotation tires to reduce soil compaction and allow operations in less than ideal conditions. Trucks, designed for road use, are not similarly equipped. Loading them in wet fields generally results in them getting stuck and/or bringing mud on the roads.

Kane County Farm Bureau urges all drivers on rural roads to SLOW DOWN during this

harvest season. If you see farm equipment, flashing lights or Slow Moving Vehicle emblems on the road please exercise CAUTION and let's let everyone work safe and arrive safely!

There is much to improve in road safety. The federal government updated its report Federal Highway Traffic Policies: Impacts and Opportunities in July 2019. It explained "the vast majority of crashes are due to driver behaviors..., and these are errors of judgment rather than of ignorance or lack of skill." The report gave a common statistic: "as many as 90% of road deaths are due at least in part to driver

error or misbehavior." The same report cited motor vehicle crashes as a leading cause of death for Americans overall, and the number one cause of death for teenagers. It also said "motor vehicle crashes are estimated to have cost some \$242 billion in

2010 in lost productivity, medical costs, legal costs, property damage, and time lost in congestion caused by crashes." Last, data showed Illinois residents in rural areas are more likely to die in car crashes than residents in urban areas.

This month, the reminders and tips for changing our driving habits before we have more negative consequences, whether a dangerous crash or a traffic ticket. Look for tips for motorists and farmers within these pages.

Welcome to the next level

This month we welcome the following KCFB members who joined our organization or reclassified their membership in January to *Regular or Professional Status:

We remind you of added perks that accompany your new Regular member or Professional Status and thank you for supporting KCFB's efforts at advocacy,

Regular Members

Saint Peters

Aurora

Aurora

Elgin

education and hunger relief:

- Professional networking opportunities & engagement with farmers
- Agriculture, farm & food news delivered to your door
- New subscription FarmWeek, the largest weekly agriculture newspaper
- Access to FarmWeekNow.com
 - KCFB voting rights & ILFB delegate opportuni-
 - Continuing subscription to the Kane County Farmer newspaper
 - Free annual registration at one of seven statewide

conferences

- 302,000 member discounts, including Ford, Lincoln, John Deere, Case IH, restaurants, hotels & travel
- Discounts at the KCFB Country Store on in-house sales of featured local foods

*KCFB Regular membership is required of all who join our association that have a vested interest in and receive income from the production of farm products as an owner or operator of a farm business. Professional Membership status is available for all those employed in agriculture-related occupations, even with no farm income. If you are interested in "next level" membership and the benefits it carries, please contact KCFB in St. Charles at (630) 584-8660.

Plus membership winner

What's new at COUNTRY?

Congratulations this month to Adella Quintenz of Sleepy Hollow, the October winner of our Plus (+) member monthly drawing for a FREE KCFB monthly special food product.

The next time Leanne stops in our office, she will receive a FREE box of pork sausage patties or links from Inboden's Meats in DeKalb, one of the fine food products we offer each

St. Charles Agency, Jeff Orman,

Jones, who has been named the

August Agent of the Month in

the COUNTRY Financial® St.

announced by Agency Manager,

Jeffrey Orman. Jeff is a great

asset to our team and is dedicat-

ed to providing tangible plans

for addressing the immediate

Charles/Elgin Agency,

Congratulations to Jeff

Agency Manager

In addition to the discounts and benefits of Plus membership, ALL KCFB PLUS (+) members are entered in a monthly drawing for a featured food product or seasonal prize.

For more information on member benefits, membership upgrades or PLUS (+) member status, call Liz at 630-584-8660.

and long-term insurance needs

of his clients through our Auto,

Home, Farm, Life, Business,

and Retirement products and

services. Let Jeff's expertise

help you! You may reach Jeff at

630-492-5293, or *Jeff.Jones*@

https://representatives.Country

Financial.com/Jeff.Jones/.

CountryFinancial.com,

Congratulations, Jeff!

CLASSIFIED ADS

Eric Clementz

Maria Valerio

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CLASSIFIED AD RATES

Classified advertising rates: 20 cents per word/\$20 minimum (60 words or less). DISCOUNTS for members: Associate members, 20%; Voting members, 30%; PLUS members, 40%. Advance payment requested. Ads due by the 15th of every month for the next issue. No advertising (classified or display) for financial or insurance services will be accepted. Call 630-584-8660.

SERVICES

Agriculture's

MASSAGE THERAPY: Treat yourself to 60 or 90 minutes of relaxation, pain relief, or both. Deep tissue, acupressure, or Swedish. Certified, experienced. Call Susanne Marshall, L.M.T 630-699-5610

The U.S. Department of

Agricultural Marketing Service

(AMS) awarded over \$544,000

in Fiscal Year 2023 Specialty

Crop Block Grant Program

(SCBGP) funding to Illinois.

With this grant, the Illinois

Department of Agriculture will

fund projects that enhance the

(USDA)

WANTED

HOUSE CLEANER WANTED few hours per week to fit your schedule, after 5:00 pm or weekends. Ranch home, no stairs, no heavy lifting, supplies provided. West side of Saint Charles, Perfect for student or person wanting extra income. Call: 630-443-6949, after 5 pm

CUSTOMER SERVICE - 30-35 hours weekly, M-F. Applicant must be computer literate, selfstarter, with pleasant voice and manner. Some overnight travel required. Office located east side of St. Charles. Offering vacation pay, self-directed savings plan, and partial tuition reimbursement. Call Diane or Bob at 630-377-7797 to arrange an interview.

PRODUCTION ASSOCIATE -15-25 hours weekly; normal business hours 09:00 to 16:00, M-F. Duties include; Engraving, Laser

USDA announces Specialty Crop Block

Grant Program funding awarded to IL

Production, and Full-Color sublimation. Applicant must be computer literate, self-starter, and able to work independently and as part of a team. Office located east side of St. Charles. Offering vacation pay, self-directed savings plan, and partial tuition reimbursement. Call Diane or Bob at 630-377-7797 to arrange an interview.

Want to buy vintage & used tools. Also, we do cleanouts. Call Chris: 630-550-7182

FOR SALE

Miscellaneous household items Collector toy tractors, small rocking chairs, wood boxes, singer sewing machine. Please call with questions and pictures. Call: 331-

Happy Halloween!

Recruiter of the Month

Each month we honor the person who signs the most members into our organization. This month, the honor goes to Jeff Jones! Jeff has been a COUNTRY Financial Representative since November 2019. His



Jeff Jones

2N710 Randall Rd, St. Charles and may be reached at: 630-492-5293. Thank you for your continued support of the Kane County Farm Bureau and congratulations on your success.



Like us on Facebook for the latest KCFB info about upcoming events, deals, and a Friday dose of humor to start your weekend with a smile.



A portion of every purchase on your IFB Visa Card from the IAA Credit Union goes to benefit Illinois Agriculture in the Classroom!

Already a member of your County Farm Bureau? You're eligible to join IAACU.











competitiveness of specialty crop products and create new market opportunities for the state's specialty crop producers. "Illinois farmers build the backbone of our state's number one industry – generating billions in revenue and making sure our families are fed," said Governor JB Pritzker. "Thanks to the Specialty Crop Block Grant Program and the USDA, we are dispersing more than half a million dollars across eight projects,

so our specialty crop producers have the resources they need to not just continue the work they love most, but dive into exciting new endeavors that will benefit our communities and our industry alike."

"In order for our residents to have fresh and nutrient-dense food at our tables, we must continue to invest in our state's number one industry," said Lt. Gov. Juliana Stratton. "The Specialty Crop Block Grant Program will fund and support our local farmers in every corner of our state."

'With this year's Specialty Crop Block Grant funding, Illinois is investing in innovative projects that will help address the needs of specialty crop producers within the region," said USDA Under Secretary for Marketing and Regulatory Programs Jenny Lester Moffitt. The funded projects will also further USDA's efforts to ensure U.S. specialty crop products remain competitive in markets across the nation and abroad."

Through the SCBGP, the Illinois Department of Agriculture will fund eight projects. Among IDOA's projects is \$50,000 for the Gardeneers' Growing Food + Equitable Justice Project where gardeneers will partner with schools in under-resourced communities. Additional funded projects focus on areas including urban agriculture, disease mitigation in cucurbits, and the shelf life of straw-

"Illinois is proud to be the number one producer of pumpkins and horseradish in the United States and is a top-ten producer of asparagus, cauliflower, fresh-cut herbs, peas, mustard greens and lima beans," said Jerry Costello II, Director of the Illinois Department of Agriculture. "To be able to provide these resources to our specialty crop producers who not only support our state, but also the nation, is very rewarding."

The funding to Illinois is part of a total of \$72.9 million in non-competitive FY 2023 SCBGP funding awarded to 54 states, territories, and the District of Columbia. The SCBGP funding supports farmers growing specialty crops, including fruits, vegetables, tree nuts, and nursery crops. USDA's support will strengthen U.S. specialty crop production and markets, ensuring an abundant, affordable supply of highly nutritious fruits, vegetables, and other specialty crops, which are vital to the health and wellbeing of all Americans.

The funding for the SCBGP grants is authorized by the 2018 Farm Bill and FY2023 funding is awarded for a three-year period beginning Sept. 30, 2023. Since 2006, USDA has invested over \$1 billion through the SCBGP to fund nearly 12,000 projects that have increased the long-term successes of producers and enhanced marketing opportunities for U.S. specialty crops products.



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Inaugural Gala a fun time or UCFB Foundation friends

County Farm Foundation's inaugural For the Future of Farms & Food Gala was held Sunday, September 17th at The Venue at Goebbert's in Pingree Grove.

After a dreary, rainy day, the sun came out just in time for the Vintage Truck Raffle drawing at 5 p.m. After a flurry of last minute ticket sales, the winning ticket was drawn by KCFB President Joe White and Manager Steve Arnold. The 1965 IH D900 truck was won by David Schuhow of Batavia, IL.

Gala attendees gathered at the outdoor bar and patio, or streamed into The Venue, the glass

walled, tented event building. Guest perused the tables of auction items and visited the bar for drinks including custom cocktails from Whiskey Acres of DeKalb.

The evening included a meal of locally grown foods, a heads or tails quiz game and a dynamic, fun live auction with prizes including a handmade, one of a kind quilt; a farmer for a day experience; and a Route 64 pub crawl with mini bus transport.

After the auction, the Thirsty Boots band took the stage for live music as guests mingled, chatted, enjoyed homemade desserts and danced the evening away.





Top: Gala attendees dining and chatting.

Second row: Gala check-in, prize winner. Third row: Steve Arnold and Joe White announcing Vintage Truck Raffle winner, last minute raffle ticket sales were

Fourth Row: Spirited live auction bidding; the Gala committee chairs (L-R) Suzi Myers, Beth Gehrke,



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